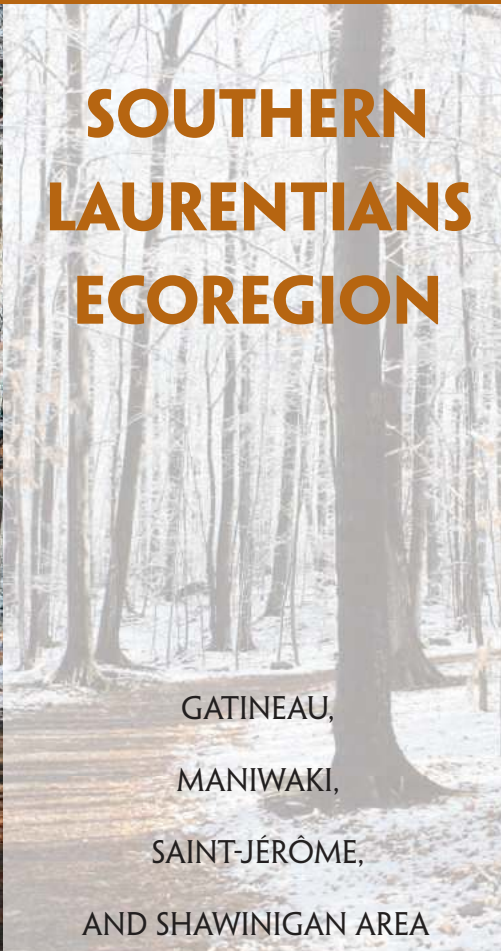




SELECTING PLANTS FOR POLLINATORS



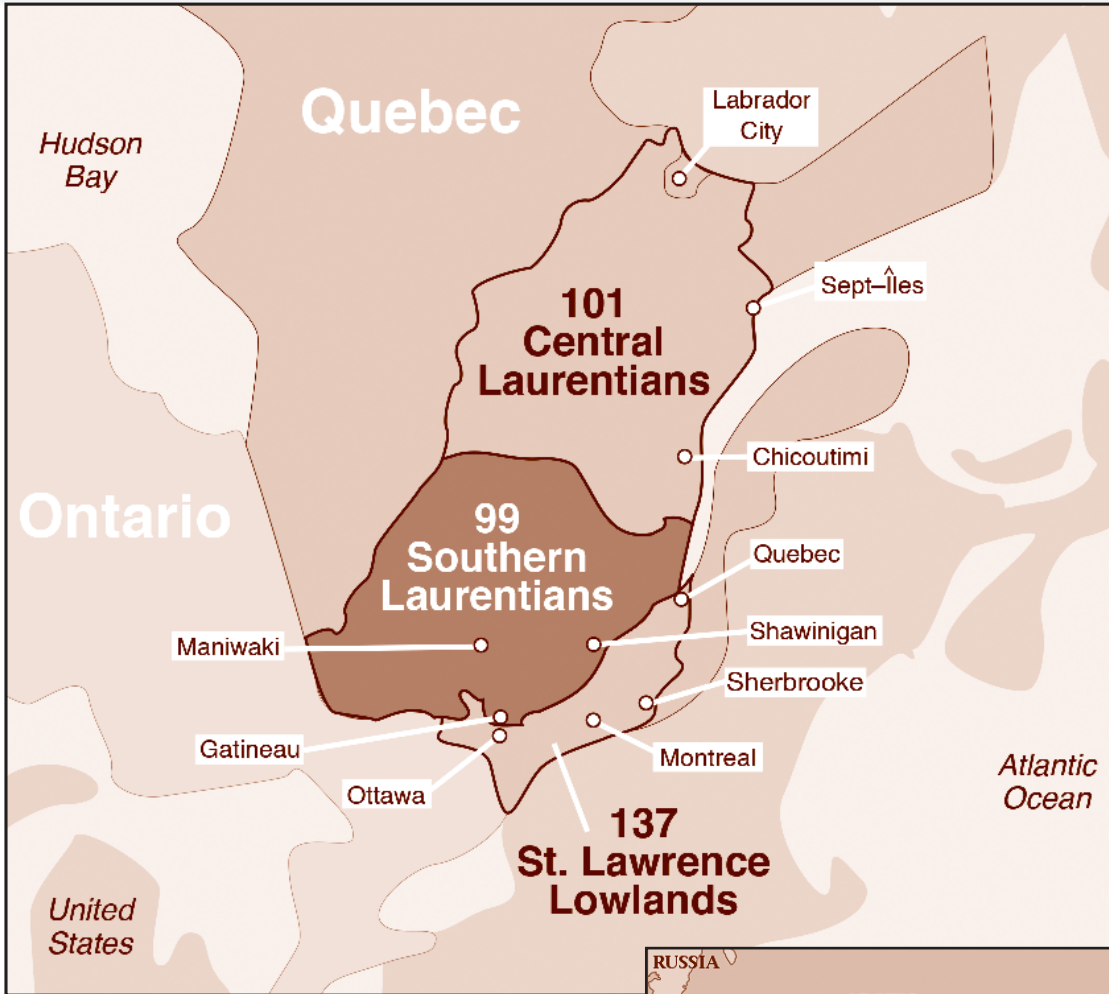
A GUIDE FOR GARDENERS, FARMERS, AND LAND MANAGERS IN THE



SOUTHERN LAURENTIANS ECOREGION

GATINEAU,
MANIWAKI,
SAINT-JÉRÔME,
AND SHAWINIGAN AREA





Southern Laurentians includes:

- Gatineau,
- Maniwaki,
- Saint-Jérôme,
- and Shawinigan area.



PLANTS THAT ATTRACT POLLINATORS IN THE SOUTHERN LAURENTIANS

The following chart lists plants that attract pollinators. It is not exhaustive, but provides guidance on where to start. Annuals, herbs, weeds, and cover crops provide food and shelter for pollinators, too.

Botanical Name	Common Name	Height	Colour	Flower Season	Sun	Soil	Pollinators	Also a host for butterflies
Trees and Shrubs								
Arctostaphylos uva-ursi	Bearberry	< 1m	white, pink	March - June	sun to shade	dry	butterflies, hummingbirds	X
Aronia melanocarpa	Black chokeberry	2 m	white	May - June	sun to partial sun	dry to moist	bees, beetles, flies	X
Artemisia campestris	Field sagewort	0.3-1m	green/brown	July - September	sun	dry, well drained	bees	X
Chamaedaphne calyculata	Leatherleaf	0.3-1.2m	white/cream	March - June	sun	moist to wet	bees, flies	
Cornus canadensis	Bunchberry dogwood	0.05-0.2m	white/cream, green/brown	May - September	sun to partial shade	moist, well drained	bees, flies, beetles, butterflies	X
Cornus stolonifera	Redosier dogwood	1.5-4m	white/cream	May - June	sun to partial shade	moist to wet, well drained	butterflies, bees	X
Diervilla lonicera	Northern bush-honeysuckle	up to 1m	yellow	June - July	sun to shade	dry to moist	bees, moths	X
Hudsonia tomentosa	Sand Heather	0.5m	yellow	May - July	sun	well drained	bees, flies, wasps	
Populus balsamifera	Balsam poplar	up to 18m	white, yellow, green	April - June	sun to partial shade	well drained	bees, flies	
Prunus pensylvanica	Pin cherry	7.5-12m	white	May - June	sun	dry to moist, well drained	bees	X
Ribes triste (Ribes spp.)	Red currant	1-3m	greenish white, white, pink, red	March - June	sun to shade	moist to dry, well drained	flies, beetles, bees	
Rubus pubescens	Dwarf red blackberry	0.1-0.4m	white/cream, pink	May - July	sun to shade	dry to wet, well drained	butterflies, bees	
Shepherdia canadensis	Russet buffaloberry	1-3m	yellow, green/brown	April - May	sun to partial shade	dry to moist, well drained	bees	
Sorbus decora	Showy mountain ash	5-10m	white/cream	June - July	partial shade to shade	moist	bees, butterflies, flies	
Forbs								
Actaea rubra	Red baneberry	<1m	white/cream	May - July	partial shade to shade	moist	bees, flies	
Anaphalis margaritacea	Pearly everlasting	<1m	white/cream	July - September	sun	dry	butterflies, bees	X
Andromeda glaucophylla	Bog rosemary	<1m	white, pink	May - June	partial shade	wet	bees, flies	
Apocynum androsaemifolium	Spreading dogbane	0.3-2m	white/cream, pink	June - August	sun, partial shade	dry, well drained	butterflies, bees	X
Arenaria stricta	Rock sandwort	0.1-0.2m	white	May - July	sun to partial shade	dry	bees, flies	
Caltha palustris	Marsh marigold	0.4-0.6m	yellow	April - June	sun to partial shade	moist to wet	butterflies	
Campanula rotundifolia	Bluebell bellflower	0.2-0.5m	blue, purple	June - September	sun to partial shade	dry, well drained	hummingbirds	
Chamerion angustifolium	Fireweed	0.6-1.8m	purple, pink	July - September	sun	dry to moist, well drained	hummingbirds, butterflies, bees	X
Clintonia borealis	Blue-bead lily	0.1-0.4m	yellow, green/brown	May - June	shade	moist	bees	



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<i>Coptis groenlandica</i>	Goldthread	0.1-0.2m	white/cream	May - August	partial shade to shade	moist	bees, flies	
<i>Corydalis sempervirens</i>	Pale corydalis	0.1-0.6m	yellow, purple, pink	May - September	partial shade	dry	bees, butterflies	
<i>Cypripedium parviflorum</i> var. <i>pubescens</i>	Large yellow lady'slipper	0.5 m	yellow, brown	April - August	shade to sun	moist to dry	bees, flies, beetles	
<i>Epigaea repens</i>	Trailing arbutus	0.1-0.15m	white/cream, pink	February - May	partial shade	well drained	butterflies	X
<i>Iris versicolor</i>	Northern blue flag	0.6-0.9m	blue, purple	May - August	sun to partial shade	moist to wet	hummingbirds, bees	
<i>Kalmia angustifolia</i>	Sheep laurel	0.3-0.9m	red, white/cream, pink	May - August	sun to partial shade	dry to wet, well drained	butterflies, bees	X
<i>Kalmia polifolia</i>	Bog laurel	0.1-0.9m	white/cream, pink	June - August	sun to partial shade	wet	bees	
<i>Ledum groenlandicum</i>	Labrador tea	0.5-1.5m	white/cream	April - June	sun to shade	moist to wet	butterflies, bees	X
<i>Maianthemum canadense</i>	Canada Mayapple	0.05-0.25m	white/cream	May - June	partial shade to shade	moist, well drained	bees, flies	
<i>Mitella nuda</i>	Naked mitrewort	0.1-0.2m	white, green	May - August	shade	moist	flies	
<i>Moneses uniflora</i>	One-flowered pyrola	0.1 m	white/cream	June - July	sun to partial shade	dry	bees	
<i>Monotropa uniflora</i>	Indianpipe	0.1-0.2 m	white/cream	June - September	deciduous shade	moist, well drained	bees	
<i>Platanthera aquilonis</i>	Northern green orchid	0.05-0.6m	white, yellow, green	May - August	shade to sun	wet	flies, beetles	
<i>Saxifraga aizoon</i>	White mountain saxifrage	0.1-0.2m	white/cream, pink	May - June	sun	dry	flies, bees, moths	
<i>Sisyrinchium montanum</i>	Blue-eyed grass	0.1-0.5m	blue, purple	May - July	sun to shade	dry to wet, well drained	bees	
<i>Solidago canadensis</i>	Canada goldenrod	0.3-1.2m	yellow, orange	July - October	sun to partial shade	dry, well drained	butterflies, bees	
<i>Solidago rugosa</i>	Rough-stemmed goldenrod	0.3-1.8m	yellow	July - October	sun to partial shade	moist to wet	butterflies, bees	
<i>Symphotrichum puniceum</i>	Purplestem aster	0.60-2m	blue, purple	August - September	sun	moist to wet, well drained	butterflies, bees	X
<i>Taraxacum ceratophorum</i>	Horned dandelion	0.05-0.5m	yellow	March - April	sun to partial shade	well drained	bees	
<i>Thalictrum pubescens</i>	Tall meadow-rue	0.6-3m	white/cream	June - August	partial shade	moist	butterflies, bees	
Vines								
<i>Parthenocissus quinquefolia</i>	Virginia creeper	15m+	greenish white	May - June	sun to shade	dry to moist	bees, flies	X
Shelter Plants								
<i>Scirpus cyperinus</i>	Woolgrass	1-1.3m	greenish brown	July - September	sun to partial shade	wet		X
<i>Eriophorum angustifolium</i>	Tall cotton-grass	0.2-0.5m	green	June - August	sun	wet		
<i>Festuca subverticillata</i>	Nodding fescue	0.6m	yellow	April - May	partial shade	dry		X