

The Best Butterfly Snack Bar in Town



HOW TO MAKE THIS:

For a temporary Butterfly Snack Bar, follow the instructions on the left. If you want something that will last longer, follow the instructions on the right.

ONE-TIME USE OPTION

RAINPROOF OPTION

1 Punch 3 holes around the edge of a paper plate. Spread them evenly so your plate will hang nice and flat.

2 Tie a piece of string to each one of the holes.

3 Tie the strings together with a knot at the top and hang it outside. Pick somewhere close to flowers.

4 When your Butterfly Treat mixture has cooled, spoon some onto the plate.

5 Add some cut fruit or fresh flowers to the plate. This will help attract butterflies (optional).

6 Wait for the butterflies to arrive!

1 Make sure the plate is clean.

2 Attach the plate to a base (optional).

3 Place the plate and base outside in the garden or close to flowers.



What you need:

- An adult to help
- Butterfly Treats (see recipe below)
- Something to put the treats on:
 - One-time use option: A paper plate and three pieces of string
 - Rainproof option: an old plate or lid (the more colourful, the better), and a base to put it on
- Somewhere to hang or place your Butterfly Snack Bar
- Pieces of ripe fruit like apples, oranges, strawberries and watermelon (optional)
- Fresh flowers (optional)

Butterfly Treat Recipe

Recipe Ingredients

- 1 Ripe Banana
- 1/2 Cup Dark Brown Sugar
- 1 Cup Water

! Ask an adult to help you with this recipe.

Instructions

Mash up the banana. Put it into a saucepan and add the rest of the ingredients. Bring the mixture to a gentle simmer, making sure to stir every couple of minutes. When the mixture becomes sticky, but still runny, remove it from the heat and let it cool.

